

Chef's Bistro

Located in the Sequoia Square
3250 Coors Blvd. NW
Albuquerque, NM 87120
(505) 833-5220
www.chefselegantcatering.com
www.abqchefsresto.com

Opening Chef's Bistro on Friday the 13th, 2009 didn't deter Chef Mike Christensen and his son Michael III. Instead, they braced for big appetites from local foodies on what was more of an afterthought than a goal. "I've worked in restaurants all my life," Mike says, "but for my first personal business, I've focused on catering and weddings. When my son promised to come and help out, we decided to open the restaurant and start serving breakfast and lunch."

Chef's Elegant Catering has been serving local events with yummy goodies inspired by dishes from Europe, New Orleans and, of course, New Mexico favorites for over three years. Inside Chef's Bistro, Mike has created a delicious menu of American Regional Fare. Chef Mike uses the freshest ingredients possible, as well as seasonal items, serving Po'boys, breakfast burritos, and local Southwestern favorites, with "the best Carne Adovada and red chile in town—really! I've had people tell me it's the best they've had," Mike explains. On weekends, enjoy Chef Mike's specialty breakfast, Bananas Foster over French Toast. "People come in during the week and ask, 'Do you have any bananas left over?' They really crave that banana foster topping."

By spring, Chef Mike and his son hope to open up the restaurant for dinner on weekends as well. "There's a demand for it. Customers love the food and we're thrilled about it."



Full Circle Wellness Center

7708 Fourth Street NW
Los Ranchos de Albuquerque, NM 87107
(505) 265-3400
contact@fullcirclewellnesscenter.com
www.fullcirclewellnesscenter.com

From their new location in Los Ranchos de Albuquerque, Full Circle Wellness Center's dynamic staff promises to make every bride feel relaxed, excited and beautiful for her big day. Offering bridal packages that include specialty bridal updos, nail services, facials and professional makeup application, owner Melissa Hernandez appreciates what nature has to offer—both inside and outside of her salon. "We offer all-natural products without harmful chemicals, such as non-toxic manicures and pedicures and organic hair services," she says. "The new salon is in a gorgeous location with lots of windows, offering an amazing view of the Los Ranchos landscape. We are really lucky to be in such a tranquil setting."

In addition to earth-friendly beautiful bride packages, Full Circle also offers cellulite treatments, nutrition advice, metabolic testing and personal training to help brides prepare for their wedding day. "My staff and I can help brides-to-be learn new eating habits to help shed a few pounds, and can speed the process with one-on-one yoga and dedicated personal training," Melissa says. "We get to know our clients on a first name basis, and every service provider really spends time to customize a treatment plan for each and every customer," she adds. "My hope is that every person who comes into Full Circle has their lives improved in some way."

